

# ATHLETIC NEWSLETTER

All you need to know about North Broward Prep Athletics!







# NB Tennis Gives Back to the Community

On Thursday, March 21 the NBP Girls and Boys Tennis team took a break from their team practices and matches to partner with the Deerfield Beach Tennis Club's program for handicapped tennis players. The NBP players had a fun-filled afternoon of playing the sport they love while helping this great group of tennis players improve their skills and technique. It was a great opportunity for our NB Tennis players to come together as a team and give back to the community. Great work Eagles!

# Don't Miss Our Spring Sports Senior Nights...

Our spring sports teams are entering the final few weeks of their seasons. The Varsity Track Team has one more meet this Saturday before they travel to Suncoast HS on Mon, April 8<sup>th</sup> for their District Meet. The Boys and Girls Varsity Lacrosse Teams and Tennis Teams both have two weeks left before they begin their District Tournaments which are scheduled for the week of April 15th. And finally, the Varsity Baseball Team has a little more time to help prepare themselves for post season with their district tournament beginning the week of May 6<sup>th</sup>. But before our Eagles enter the playoffs each team will get a chance to recognize and thank their Seniors for their hard work and dedication! Below we have listed the dates of each team's Senior Night. Be sure to come out and cheer on your Spring Sports teams and help recognize our Senior Athletes!

**VARSITY GIRLS LACROSSE, BOYS LACROSSE & TENNIS:** Tuesday, April 9<sup>th</sup> – 6:45pm (Seniors will be recognized between the Girls Lacrosse Game - 5pm & Boys Lacrosse Game - 7p)

## **VARSITY TRACK:**

Tuesday, April 9<sup>th</sup> – 7:45pm (Seniors will be recognized at Half-Time of the Boys Lacrosse Game – 7p)

## **VARSITY BASEBALL:**

Tuesday, April 30<sup>th</sup> – 6:15pm (Senior will be recognized prior to the start of the game – 6:30p)

# ATHLETE OF THE WEEK

# Sawyer "Fast and Furious" Feller

Baseball – 11<sup>th</sup> Grade

This week's male high school Athlete of the Week goes to Sawyer "Fast and Furious" Feller. Sawyer had a "Fast and Furious" week for the Eagles Varsity Baseball Team. He led the way for two big district wins over Cardinal Gibbons and Pine Crest. He combined to go 3 for 5 with 2 doubles, 2 RBI's and 1 run scored. Great job Sawyer!



# Julia "The Thrill" Swill

Lacrosse – 9th Grade

This week's female high school Athlete of the Week goes to Julia "The Thrill" Swill. "The Thrill" Swill has put on a show for the Girls Varsity Lacrosse Team over the past few games. She has "Thrilled" the crowd by scoring 11 goals and tallying 5 assists for the Eagles in their past two games. Keep "Thrilling" the crowd Julia!



# Allesandra "Tenacious" Tiongson

Tennis – 6<sup>th</sup> Grade

This week's female middle school Athlete of the Week goes to Allesandra "Tenacious" Tiongson. "Tenacious" Tiongson showed her "Tenacity" this past week for the girls varsity tennis team when she battled back after being down 6:4 to win her match 8:6 and on top of that she won her doubles match. Great work Allesandra...that's the way to be "Tenacious!"



# Tate "Rally" Rowland

Track & Field – 8<sup>th</sup> Grade

This week's male middle school Athlete of the Week goes to Tate "Rally" Rowland. "Rally" Rowland did just that...he "Rallied" for the Eagles this past week in the Calvary Christian Meet coming home with a  $1^{\rm st}$  place finish in the Triple Jump, a  $4^{\rm th}$  place finish in the 100m dash and a  $5^{\rm th}$  place finish in the Long Jump! Great work Tate...Let's keep "Rallying."









# **ATHLETIC HIGHLIGHTS**

### **BASEBALL**

The Varsity Baseball Team is on a roll. The Eagles have won 4 games in a row with big wins over Cypress Bay, district opponent Pine Crest twice and district opponent Cardinal Gibbons. The boys look to continue their streak tonight when they host district opponent Somerset Academy here at NB at 7:00pm and on Friday night when they travel up to Trinity Christian for a 6:30pm game. Good luck boys...let's keep the streak going.

#### **LACROSSE - BOYS**

This is a great week to come out and support your Boys Varsity Lacrosse Team. The Eagles host Cypress Bay tonight at 7:00pm and Calvary Christian at 5:00pm on Friday for an important district match-up. Good luck boys!

## **LACROSSE - GIRLS**

The Girls Varsity Lacrosse Team hosts both West Boca Raton HS and Archbishop McCarthy this week. The girls will take on West Boca today at 5:00pm and Archbishop tomorrow at 5:00pm. Come out to the field to cheer them on!!

## **TENNIS**

The Boys and Girls Varsity Tennis teams are in their final two weeks of the regular season matches. The teams host Archbishop McCarthy today at 3:30pm and Somerset Academy on Thursday at 3:30pm. Good luck to both teams!

## **TRACK & FIELD**

The Varsity Track and Field Team competed in the American Heritage Delray Meet yesterday. The Eagles showed up strong...below are a list of our top performers. The team has one final meet on Saturday at Cardinal Gibbons before they travel to Suncoast High School on Monday, April 8<sup>th</sup> for the 2019 District Meet. Good luck to all of our runners...let's bring home some hardware!

#### **BOYS TOP PERFORMERS:**

James Bentayou – 1<sup>st</sup> Place (100m), 3<sup>rd</sup> Place (200m)

Daniel Parker – 2<sup>nd</sup> Place (100m)

Ben Miller – 3<sup>rd</sup> Place (100m)

Justin Doles – 1st Place (200m)

Mateo Pena – 2<sup>nd</sup> Place (1600m)

Zach Goldenberg – 3<sup>rd</sup> Place (1600m)

Luca Cassaci – 1<sup>st</sup> Place 3200m)

Ben Altschuler – 2<sup>nd</sup> Place (3200m)

Jacob Brezin – 3<sup>rd</sup> Place (3200m)

Trey Handley – 1<sup>st</sup> Place (110 Hurdles)

Ethan Ripple – 2<sup>nd</sup> Place (110 Hurdles)

Graham Altschuler – 1st Place (300 Hurdles)

Connor Clyatt – 2<sup>nd</sup> Place (300 Hurdles)

Dylan Taylor – 3<sup>rd</sup> Place (300 Hurdles)

Matthew Corlew – 2<sup>nd</sup> Place (400m)

James Decker – 3<sup>rd</sup> Place (400m)

#### **GIRLS TOP PERFORMERS:**

Morgan King – 1<sup>st</sup> Place (100m), 2<sup>nd</sup> Place (200m),

Victoria Hernandez – 2<sup>nd</sup> Place (Long Jump), 3<sup>rd</sup> Place (100m)

Nadia DeMarinis – 1st Place (400m

Emily Gordon – 2<sup>nd</sup> Place (800m, 1600m

Hannah Jackson – 3<sup>rd</sup> Place (100m Hurdles)

Mackenzie Osher – 3<sup>rd</sup> Place (Long Jump)